



CRUISE INTO A UNIQUE CONVENTION

by Philip J Vonada

National Grange Communications Director

If you haven't heard the exciting news yet, this year's National Grange Convention is breaking new ground—and sailing into uncharted waters! For the first time ever, we're taking the Convention to the high seas, aboard the stunning *Carnival Horizon*, November 8-16, 2025.

While you can book your cabins now, general registration for Grange members will open on May 15. The registration fee for Grange members (including Youth members) will be \$50.00, and \$25.00 for Juniors.

What's On Deck

All registered attendees will be welcomed with a private reception and Convention kickoff as we set sail from Miami. Upon boarding, you'll receive a special Grange lanyard and some fun swag to get you into the spirit.

The general business meeting of the National Grange will happen on Sunday/Monday and Friday/Saturday (the "at sea" days) from 8:00am - 4:00pm in the Limelight Lounge. Saturday morning will feature the traditional Youth opening by the National Grange Youth Officer Team.

On Tuesday morning (Aruba) at 8:00am, the Assembly of Demeter will hold their business meeting.

On Wednesday morning (Bonaire) at 8:00am, the conferral of the 7th Degree and Convocation of the Assembly will take place in the Liquid Lounge. This will be the premiere the recently filmed and preserved version of the 7th Degree. Attending this premiere event is FREE, but standard fees for obtaining your 7th Degree will apply.

On these days, we recommend not booking any excursions before 11:00am,

so you can be sure to take part in the events and still be off the ship in time.

Additionally, Youth and Young Adults in attendance will be able to

(and are encouraged to) participate in the Youth Leadership Academy on the At Sea days.

Looking for more "swag?"

When you register, you'll also have the opportunity to purchase some special Convention "swag" items that will be ready to pick up on board. Items include a beach towel, an insulated tumbler, a tote, and a special Convention t-shirt, all featuring the 159th Convention At Sea logo.

Proceeds help support onboard events and activities—so it's swag with a cause!

While you're Aboard...

This cruise is as much about connection as it is about business. While National Grange won't be coordinating formal meals or excursions, we encourage you to gather with your Grange family—old friends and new—for dinners, shore trips, and shared adventures in Aruba, Bonaire, and Curaçao!

Coming Soon

In the next few weeks, we will begin releasing more information about this year's convention, including onboard workshops and events. We will also be creating a list of recommended hotels in the Miami/Fort Lauderdale area,



IN THIS ISSUE

Cruise into a unique convention	1
Opinion: The Time is Now for the Silent Majority to Speak Up	2
Pennsylvania Nursing Student Wins 2025 Ernestine Keiser Memorial Scholarship from Grange Foundation	3
View from the Hill	4
Grange Member Benefit:	
Harvest Hosts	5
Connected Communities: Reducing the Impact of Isolation in Rural Areas	6
Don't Let COVID-19 Spoil Your Summer	7
Share your Grange's projects to help build Project Sustenance resource library	8
Help Us Understand How to Treat and Prevent Alcohol Misuse in Women . .	9
Grange Store	10

GRANGE STRONG



continued on page 8

OPINION: THE TIME IS NOW FOR THE SILENT MAJORITY TO SPEAK UP

by **Christine E. Hamp**
National Grange President

In every city council chamber, statehouse, and congressional hearing room, decisions are being made that shape the future of our families, communities, and country. Yet far too often, those decisions are influenced by the loudest voices – not necessarily the wisest or most representative ones.

For too long, the so-called “silent majority” – hardworking, civic-minded Americans – have taken a back seat in the advocacy process. We have trusted that “common sense” would prevail, that our leaders would act in our collective best interest, and that simply voting every couple of years would be enough.

It isn't.

Democracy demands more than silence. It requires active participation. It thrives when everyday people – including farmers, teachers, small business owners, healthcare workers, construction workers and skilled laborers, students, and retirees – make their voices heard. It's time for the silent majority to stop assuming someone else will speak for them and start showing up, standing up, and speaking out.

As President of the National Grange, I see firsthand how deeply our members care about their communities. We believe in strong values, in service to others, in tradition, and in progress. But I also see that many feel disconnected from the legislative process – disillusioned, frustrated, or simply overwhelmed. The truth is that advocacy isn't just for professionals or partisans. It's for all of us.

You don't need a lobbyist's credentials to walk into your legislator's office. You only need your voice. A personal letter, a well-placed phone call, a presence at a town hall meeting or community function – these are powerful tools that too few use. And in their absence, the vacuum is filled by those with more narrow, sometimes self-serving agendas.

We must remember that silence can be interpreted as acceptance. When small, independent pharmacies close due to unjust reimbursement systems, when broadband once again skips our back roads, when healthcare becomes harder to access and education less equitable – our silence can cost us dearly. But our engagement can turn the tide.

The Grange has always stood for



active citizenship. We were founded on the idea that when neighbors and communities work together, we don't just react to change – we lead it. Today, that spirit is more essential than ever.

To the silent majority: you are not invisible. Your values, your experience, and your insight are needed in every conversation about the future of this nation. Let's turn silence into action – at the local, state, and national level. Democracy doesn't just belong to the loud. It belongs to the engaged.

Let's act today.



GET ON BOARD!

SET SAIL FOR THE NATIONAL GRANGE CONVENTION AT SEA!

NOVEMBER 8-16, 2025

LEARN MORE: WWW.NATIONALGRANGE.ORG/159NGCONVENTION

Convention at Sea

159th Annual
National Grange
Convention

November 8-16
2025

MIAMI FLORIDA

ARIBA

BOAIRE CURAÇAO

PENNSYLVANIA NURSING STUDENT WINS 2025 ERNESTINE KEISER MEMORIAL SCHOLARSHIP FROM GRANGE FOUNDATION



The Grange Foundation has named Shae Smith of Elizabethtown, Pennsylvania, as the recipient of the 2025 Ernestine Keiser Memorial Scholarship. Smith, a nursing major at Harrisburg Area Community College, is a member of Elizabethtown Grange #2076 and currently serves as a National Grange Youth Ambassador.

"Shae Smith exemplifies the heart, leadership and service that the Ernestine Keiser Memorial Scholarship was established to honor," said John Benedik, chairman of the Grange Foundation Board of Trustees. "Her work as a youth mentor, her dedication to the Grange, and her aspirations in healthcare make her a remarkable role model for young people in our organization and beyond."

Smith credits her involvement with the Grange in helping her find her voice and develop leadership skills. In her scholarship essay, Smith reflected on her transformation from a quiet 15-year-old to a confident advocate for youth engagement and inclusion within the Grange.

"I knew that I did not want to feel small for the rest of my life," she wrote. "I have been able to guide others, provide insight, and be a safe person that others look up to."

Smith has served in many other leadership roles with the Grange, including 2023-24 Pennsylvania State Grange Youth Ambassador and as an

officer at her local, Pomona and the State Grange. She was also named "Counselor of the Week" in 2024 at the Pennsylvania Junior Grange Camp, where her empathy and attentiveness made her a trusted presence among campers and peers.

Beyond the Grange, Smith is actively involved with Club Ophelia, a youth empowerment initiative, and the Masonic Youth Girls Empowerment Camp, where she plans to volunteer this summer. She also served as class representative for her evening nursing cohort and is a member of the National Technical Honor Society.

"Shae is a dedicated and passionate leader," said Evelyn Zaleski, a fellow member of Elizabethtown Grange, in a letter of recommendation. "Her time management skills, academic excellence, and commitment to youth empowerment and community service are truly impressive."

Jennifer Danko, Pennsylvania State Grange and National Grange Youth Co-director, praised Smith's role at state Junior Camp, noting her "positive interactions with Junior [Granger]s" and "reliability and dedication" as a counselor.

"Shae is a compassionate youth that is highly motivated to pursue a career in the nursing field," Danko wrote.

Anna May Nauss, Chairperson of the Scholarship Committee, noted Smith's involvement at all levels of the Grange – local, county, state and national – as a major factor in the committee's positive review of the application.

"Shae is a well-rounded applicant and demonstrated that she excels academically and has a strong commitment to the



Shae Smith, recipient of the 2025 Ernestine Keiser Memorial Scholarship.

Photo provided

Grange. She also displays leadership and is highly committed to community service," Nauss said.

Smith is a first-generation college student and plans to use her nursing education to serve others in both clinical and community settings.

The Ernestine Keiser Memorial Scholarship is awarded annually by the Grange Foundation to a Grange member who demonstrates leadership, academic promise and a deep commitment to the organization's mission. The award honors the legacy of Ernestine "Ernie" Keiser, a long-serving advocate for youth and education in the Grange.

For more information about the Grange Foundation and its scholarship opportunities, visit www.grangefoundation.org.



NATIONAL GRANGE

OF THE ORDER OF PATRONS OF HUSBANDRY

View from the Hill



NATIONAL GRANGE POLICY UPDATES & ISSUE NEWS

April 2025

AGRICULTURE AND FOOD

Support to restrict junk food SNAP purchases

A federal Supplemental Nutrition Assistance Program shopper can pretty much shop anywhere in the grocery store. That wide latitude could change. Attempts to eliminate junk food from SNAP coverage could gain traction under HHS Secretary Kennedy's Make America Healthy Again agenda. The USDA oversees SNAP and would have to grant states special waivers to eliminate junk foods (soft drinks, candy, ice cream, and prepared desserts) from the assistance program, something it has refused in the past. But Agriculture Secretary Rollins appears open to the idea. At least sixteen states have proposed bills to restrict junk food from SNAP. Current SNAP purchase restrictions also include alcohol, medicine, vitamins, tobacco, and hot pre-prepared food.

White house proposes USDA office closures

The fiscal 2026 budget plan from the White House proposes to reduce staffing levels at the Farm Service Agency and Natural Resources Conservation Service and to consolidate local, county-based offices around the country that would service FSA, NRCS, and Rural Development. However, the 2018 farm bill includes language that USDA must notify Congress before closing any FSA office and provide justification for the closure. Congress has traditionally frowned upon USDA office closures, particularly local FSA offices. Meanwhile, it is rumored that thousands of USDA employees are planning to leave the department through a deferred resignation program that closed mid-April.

Secretary Rollins modifies climate smart initiative

The USDA is canceling the \$3.1 billion Partnerships for Climate Smart Commodities program but will allow projects to continue if they can show that a significant amount of the federal funds awarded will go to farmers. The original climate smart program covered 130 projects and the amount of federal funds used for producer incentives varied project-to-project. The program has been renamed Advancing Markets for Producers Initiative, and payments must adhere to these guidelines:

- A minimum of 65% of federal funds must go to producers
- Grant recipients must have enrolled at least one producer as of December 31, 2024
- Grantees must have made a payment to at least one producer as of December 31, 2024

USDA releases disaster funds

The Department of Agriculture is making \$340 million available for disaster assistance to farmers, ranchers, and rural communities impacted by natural disasters. The USDA Disaster

Assistance Fund will provide relief directly to rural families, agricultural producers, and small businesses to repair homes, businesses, infrastructure, and critical services in communities hit hardest by disasters.

AG WORKFORCE

Farmers may get a break on deportations

At a recent Cabinet meeting, President Trump indicated the administration was working on a plan for illegal immigrant farm workers to leave the country and return with legal status through a process yet to be determined. Details are sketchy at this point, but by providing a pathway to legal status, the process could signal a major policy shift and provide agricultural employers with some assurance they will have a workforce.

HEALTHCARE

Grange supports farmers' and ranchers' mental health

The National Grange joined the National Farmers Union, the National Association of State Departments of Agriculture, and numerous other agriculture groups to support full funding for the Farmers and Ranchers Stress Assistance Network (FRSAN) at USDA as Congress considers FY 2026 appropriations for USDA. In a letter to the chairs and ranking members of the House and Senate Appropriations Agriculture subcommittees, the group noted FRSAN's success and popularity and requested full funding at the program's authorized \$10 million level. FRSAN supports a service provider network that connects individuals and their families engaged in farming, ranching, and other agriculture-related occupations to stress assistance programs and resources. Four regional FRSAN centers have increased access to farm stress services by coordinating efforts to serve the unique needs of the populations in each region.

Grange files comments on immunization

In a filing with the Advisory Committee on Immunization Practices at the Centers for Disease Control, the National Grange recommended that the advisory committee approve the Respiratory Syncytial Virus (RSV) vaccine for high-risk adults aged 50 and over. The filing noted the disparities in rural populations compared to urban populations which include:

- Significant scarcity of health providers
- Less insurance coverage
- Significant hospital closures
- Higher rates of serious disease

The advisory committee subsequently approved the RSV vaccine for high-risk adults aged 50 and older.

Rural health depends on Medicaid

Nearly 40% of children living in rural communities and almost 20% of non-elderly adults are covered by Medicaid. Cuts to Medicaid coverage would be devastating for rural families, according to the National Rural Health Association. Reducing Medicaid funding will result in higher rates of uninsurance across the country, with a higher impact on the most vulnerable rural areas. Rural hospitals and clinics are not sustainable without this critical funding. The National Grange is a member of the Medicaid coalition that is urging Congress to act in a unified, bipartisan manner to sustain Medicaid funding for rural families and their health care providers.

Expand coverage of obesity treatments

The National Grange partnered with the Obesity Action Coalition and the Obesity Care Advocacy Network to urge the Trump administration to finalize a proposed rule that would expand coverage of obesity medications for Medicare beneficiaries. Individuals struggling with obesity should have access to effective medical treatment because of their higher risks for heart disease, type 2 diabetes, and certain cancers.

TELECOMMUNICATIONS

Rip and replace Chinese gear from rural networks

The Federal Communications Commission (FCC) is moving ahead to swiftly finish their removal, replacement, and disposal of Huawei and ZTE telecommunications equipment. The initiative reimburses smaller providers for the cost of sweeping the Chinese equipment from their systems.

TRADE

Senators want trade oversight

The bipartisan Trade Review Act of 2025 has been introduced by Senators Klobuchar (D-MN), Cantwell (D-WA), Warner (D-VA), Bennett (D-CO), Welch (D-VT), Grassley (R-IA), Moran (R-KS), Murkowski (R-AK), McConnell (R-KY), and Tillis (R-NC). The Act reaffirms Congress's authority over tariffs as granted in Article I, Section 8 of the Constitution by placing limits on presidential tariff actions:

- The president must notify Congress within 48 hours of imposing a tariff on imported goods
- Any new tariff will expire after 60 days unless Congress passes a joint resolution of approval
- Congress may terminate any imposed tariffs any time through a joint resolution of disapproval

OF INTEREST...

Funding for rural forest schools

Schools and communities surrounded by National Forest must rely on the Secure Rural Schools and Communities Act, a federal program that allocates money to counties that overlap National Forest land. Because public land cannot be taxed for local interests, the SRS program offsets this loss of local revenues by allocating federal funds to support essential infrastructure like roads and schools. The law was up for reauthorization in 2024 but died last December without a vote in the House after the Senate voted unanimously to approve it. Congress failed to include the legislation in March's spending package, raising concerns about a major lapse in funding. The National Grange has long supported the rural schools and communities initiative and will continue to push for the timely reauthorization of the program.

PERSPECTIVES

"Government's first duty is to protect the people, not run their lives."

- Ronald Reagan, 40th President of the United States

"Good government is no substitute for self-government."

- Mahatma Gandhi, Indian politician and activist

"The history of liberty is the history on the limitations on the power of the government."

- Woodrow Wilson, 28th President of the United States

"In the final analysis, a democratic government represents the sum total of the courage and the integrity of its individuals. It cannot be better than they are."

- Eleanor Roosevelt, First Lady of the United States (1933-45), diplomat, and activist

VIEW FROM THE HILL

is written and compiled by

Burton Eller

National Grange

Legislative Director

beller@nationalgrange.org



GRANGE MEMBER BENEFIT: HARVEST HOSTS



THE LARGEST, MOST FUN CAMPING MEMBERSHIP

Wake up to wonder by camping at farms, wineries, breweries, and more.

START YOUR ADVENTURE >



Grange members can enjoy 20% off their membership with **Harvest Hosts**, which has thousands of unique locations across the U.S. and Canada that allow members with self-contained RVs to stay overnight on the property of an agriculturally-oriented business with no camping fees. With over 5,000 locations within the network, there is an adventure for everyone. There is an app associated with Harvest Hosts that provides maps of the destinations, trip routing and planning, and much more.

Members of Harvest Hosts can also enjoy other RV-oriented savings of over \$2,000 year-round. Join today with the code **GRANGE20** to redeem this offer.

CONNECTED COMMUNITIES: REDUCING THE IMPACT OF ISOLATION IN RURAL AREAS

Courtesy of Family Features

Throughout history, humans' ability to rely on one another has been crucial to survival. Despite modern developments that help individuals live with minimal human engagement, the human need to connect remains.

However, in many parts of America, a trend toward isolation is emerging. Over the past two decades, people are spending more time alone and less time engaging with others in person, according to data from the Office of the U.S. Surgeon General. One segment of Americans at particular risk of social isolation, loneliness and their negative impacts are select populations who live in rural areas.

"There is an urgent need to take action and improve mental health in rural America," said Jeff Winton, dairy farmer and founder and chairman of Rural Minds, a nonprofit mental health advocacy organization that partnered with Pfizer to raise awareness about the physical and mental risks of social isolation. "Challenges to mental health can be inherent in a rural lifestyle, including a belief in self-reliance as a virtue, fear of judgment and difficulty getting an appointment with a limited number of mental health professionals, among others."

Many Americans are increasingly spending more time alone according to the American Time Use Survey. They are increasingly more likely to take meetings, shop, eat and enjoy entertainment at home, making it easier for them to stay within their own four walls and avoid social interactions.

Authentic human connection is a basic but often unacknowledged necessity for health, "as essential to survival as food, water and shelter," according to the U.S. Surgeon General's Advisory on the Health Effects of Social Connection and Community.

Understanding Social Isolation

According to the Centers for Disease Control and Prevention (CDC), about one-third of U.S. adults reported feeling lonely and about one-fourth said they don't have social and emotional support (the basis of social isolation).

The concepts of social isolation and loneliness can go hand-in-hand, but the two are actually quite different.

Social isolation is defined by an absence of relationships or contact with others. Someone experiencing loneliness may or may not have social connections, but lacks feelings of closeness, support or belonging. Despite the distinction, both can have a negative impact on a person's mental and even physical health.

Several factors can influence a person's risk for social isolation and loneliness.

"Social connection is a dynamic that changes over time," said Nikki Shaffer, senior director, occupational health and wellness, Pfizer. "Transient feelings of loneliness or solitude may be beneficial because they can serve as motivation to reconnect. However, chronic loneliness (even if someone is not isolated) and isolation (even if someone is not lonely) can represent significant health concerns."

Isolation in Rural America

Compared to people who live in urban areas, many rural Americans experience higher rates of depression and suicide but are less likely to access mental health care services, according to the "Health Disparities in Rural America: Current Challenges and Future Solutions" study published in "Clinical Advisor." What's more, CDC data shows suicide rates among people living in rural areas can be 64-68% higher than those in large urban areas.

Rural areas have 20% fewer primary care providers compared to urban areas, according to a report in JAMA, and the Health Resources and Services Administration reports more than 25 million rural Americans, more than half of rural residents, live in mental health professional shortage areas.

Among rural counties, 65% lack a psychiatrist. Nearly 30% of rural Americans don't have internet access in their homes, which complicates the option for telehealth. These figures from Rural Minds exemplify the challenges facing rural America.

"Some people in rural communities still don't understand or accept that mental illness is a disease," said Winton, who grew up on a rural farm. "Rather, a mental illness can often be viewed as a personal weakness or character



Photos courtesy of Shutterstock

continued on page 7

DON'T LET COVID-19 SPOIL YOUR SUMMER

Did you know that older adults (65+) and individuals who are moderately or severely immunocompromised are more likely to get very sick from COVID-19?

The good news? You can reduce your risk of severe illness by receiving recommended vaccines. Because protection from COVID-19 vaccines wanes over time, it is recommended that high-risk individuals receive another dose of the 2024-25 COVID-19 vaccine six months after their first dose. This includes anyone who is immuno-compromised, as well as adults 65 years and older.

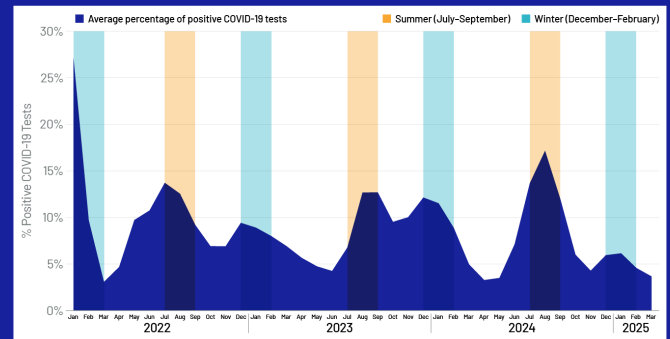
While COVID-19 cases often increase during the winter, history shows that surges can happen any time of year. With travel, large gatherings, and events on the rise this time of year, it's important to remember COVID-19 is a year-round threat.

As a CVEEP partner, we are excited to share new Stay Updated campaign resources on the importance of getting another dose of the updated COVID-19 vaccine for high-risk groups.

Visit cveep.org/stayprotected to read more about vaccine recommendations and how to stay protected all year long.

COVID-19 is a Year-Round Threat

While COVID-19 cases often increase during the winter, past years have shown that surges can happen any time of year. You can reduce your risk of severe illness by receiving recommended vaccines.



Learn more at
cveep.org/stayprotected

CVEEP
Fighting Infectious
Respiratory Disease

CONNECTED COMMUNITIES

continued from page 6



flaw. A lot of the stigma around mental illness results in unwarranted shame, which adds to the burden for someone already suffering from mental illness."

Health Impacts of Social Isolation

Loneliness is far more than just a bad feeling; it harms both individual and societal health. In fact, loneliness and social isolation can increase the risk for premature death by 26% and 29%, respectively.

Lacking social connection can increase the risk for premature death as much as smoking up to 15 cigarettes a day or drinking six alcoholic drinks daily.

In addition, poor or insufficient social connection is associated with increased risk of disease, including a 29% increased risk of heart disease and a 32% increased risk of stroke.

Social isolation is also associated with increased risk for anxiety, depression and dementia. Additionally, a lack of social connection may increase susceptibility to viruses and respiratory illness.

Learn more about the impact of social isolation, especially on residents of rural areas, and the steps you can take to reduce isolation and loneliness by visiting ruralminds.org.

Boost Your Social Connections

Take a proactive approach to combatting social isolation and loneliness with these everyday actions that can promote stronger social ties.

- **Invest time in nurturing your relationships** through consistent, frequent and high-quality engagement with others. Take time each day to reach out to a friend or family member.
- **Minimize distractions during conversation** to increase the quality of the time you spend with others. For instance, don't check your phone during meals with friends, important conversations and family time.
- **Seek out opportunities to serve and support others**, either by helping your family, co-workers, friends or people in your community or by participating in community service.
- **Be responsive, supportive and practice gratitude.** As you practice these behaviors, others are more likely to reciprocate, strengthening social bonds, improving relationship satisfaction and building social capital.
- **Participate in social and community groups** such as religious, hobby, fitness, professional and community service organizations to help foster a sense of belonging, meaning and purpose.
- **Seek help during times of struggle** with loneliness or isolation by reaching out to a family member, friend, counselor, health care provider or the 988 crisis line.

SHARE YOUR GRANGE'S PROJECTS TO HELP BUILD PROJECT SUSTENANCE RESOURCE LIBRARY

by Amanda Brozana

National Grange Membership

& Leadership Development Director

Granges across the nation are tackling important challenges, creating impactful programs, and serving their communities in ways that inspire change. Whether it's organizing community dinners, offering classes on self-reliance, or hosting health and wellness fairs, nearly every Grange has programs that meet pressing needs in their communities. Now, it's time to take the next step: share those successes and ideas to build a library of resources that other Granges around the country can use to inspire and replicate or build up on your results.

By submitting information about your Grange's programs, projects, and outreach, you provide invaluable resources to fellow Granges. These shared efforts prevent duplication of work, allow others to adapt and implement proven ideas, and maximize the impact of our collective volunteer time. Imagine the difference we could make if every Grange could benefit

from the tested and creative solutions others have already developed.

Granges can submit a wide range of information about their initiatives, including program descriptions, planning materials, budgets, attendance numbers, and even templates for promotional materials such as flyers or social media posts. Have you hosted a food pantry, collected rainwater, taught financial literacy, or organized a wellness fair? These programs can serve as templates for others. Sharing partnerships with local organizations or unique strategies for engaging Junior Grange members adds another layer of value for Granges seeking guidance.

To help foster this collaboration, the National Grange is collecting information on initiatives under Project Sustenance. This national initiative focuses on three pillars: food security, self-sustainability, and resilience—areas where Granges already excel. Submissions will contribute to a toolkit of ideas, complete with descriptions, resources, and success



stories, to be shared nationwide. There are already some great resources available on the National Grange website under the Project Sustenance page, including 30 project ideas that you can sort by pillar.

Your Grange's efforts could spark inspiration, provide solutions, and improve lives in communities far beyond your own. Don't let your good work remain siloed—be part of a movement that lifts every Grange and every community.

Submit details about your projects today and join a growing network of collaboration and shared purpose. For more information, visit www.nationalgrange.org/projectsustenance. Together, we can ensure our work makes a lasting impact.

CONVENTION CRUISE

continued from page 1

highlighting hotels that offer free shuttles to the port.

We will also create and release more FAQs – perfect for first-time cruisers or those who are apprehensive about what the cruise may be like.

Do you have questions about this year's Convention or what to expect on board? Email convention@nationalgrange.org with whatever questions you have.

Please be sure to join the convention Facebook event at <https://grange.biz/159convention> and stay tuned to the website for updates at <http://www.nationalgrange.org/159ngconvention>.



Convention swag items offered by the Eastern region include a tote bag, beach towel, t-shirt, and insulated tumbler.

Photos by Molly Newman



Help Us Understand How to Treat and Prevent Alcohol Misuse in Women



What:

A co-learning session to:

- Receive education in patient-centered comparative effectiveness research
- Share your perceptions of alcohol misuse and the barriers women face in accessing treatment
- Provide feedback on how to address treatment barriers
- Identify areas for future research on alcohol misuse in women

Who:

Females who are age 18+ years and any of the following:

- ✓ Lived experience with alcohol misuse (past or current), or
- ✓ Family member of a woman with alcohol misuse, or
- ✓ Healthcare provider or trainee specializing in alcohol misuse

When:

Monday, July 14, 2025 – 6:00-7:30pm CT/7:00-8:30pm ET

Where:

Virtual via Zoom

Register:

<https://redcap2.mayo.edu/redcap/surveys/?s=EHEEW8K9WALCNAXX>

Honorarium:

Attendees will be mailed a \$150 cash card in thanks for their time



WomenWise
Empowering Women in Patient-Centered
Research on Alcohol Use

This opportunity is funded through a Patient-Centered Outcomes Research Institute (PCORI) Eugene Washington Engagement Award (EACB-35102); Principal Investigator: Pravesh Sharma, MD at Mayo Clinic Health System – Eau Claire, WI.

GRANGE STORE

NEW IN THE STORE!



SUPPLY STORE

www.grangestore.org

VETERAN RECOGNITION PIN

Are you looking to honor a veteran in your Grange? This special .75" pin combines honoring their service in the military as well as honoring their Grange membership. Perfect for adding to a Quilts of Valor presentation or Veteran recognition ceremony.

Order online through the Grange Supply Store at www.grangestore.org or by calling Loretta at (202) 628-3507 ext. 109.

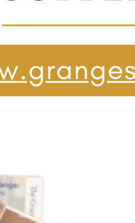


\$5.00
PLUS SHIPPING



SUPPLY STORE

www.grangestore.com



GRANGE
PROMOTION KIT

With Fair and Convention season upon us, it's time to think about promoting the Grange to the public.

This kit includes multiple brochures and pamphlets about the Grange and how you can inform potential members about what the Grange has to offer, from Juniors and Youth to e-members and more!

Get your kit by ordering online through the Grange Supply Store at grangestore.com or by calling Loretta at (202) 628-3507 ext. 109.

160
FULL-COLOR PIECES
\$20.00
PLUS SHIPPING

**Submit your
stories, events,
and ideas to...**

GRANGE



<http://grange.biz/grangetodaysubmit>

NATIONAL GRANGE

HEADQUARTERS: 1616 H ST. NW, SUITE 300, WASHINGTON, DC 20006 | (202) 628-3507

Publisher Christine Hamp, National Grange President. Available to members at champ@nationalgrange.org or by phone at (509) 953-3533

Editor Philip J Vonada, National Grange Communications Director. Contact to submit a story idea for *Grange Today!* or *Good Day!* magazine, request assistance with publicity, business cards, social media, and more. Email pvonada@nationalgrange.org or call/text (814) 404-7985

Leadership Training & Membership Development - Amanda Brozana, National Grange Membership and Leadership Development Director.
Contact us to learn more about membership recruitment or how to start or reorganize a Grange, leadership training, and more.
Email abrozana@nationalgrange.org or call/text (301) 943-1090

Legislative and Policy Issues Burton Eller, Legislative Director - *National HQ*, ext. 114 or email beller@nationalgrange.org

Membership Recognition, Grange Supply Sales, Grange Programs and Member Benefits

Loretta Washington, *National HQ*, ext. 109 or email Lwashington@nationalgrange.org

Free Grange Websites, Emails, *Good Day!* subscription questions, and Membership Database

Stephanie Wilkins, IT Director. *National HQ*, ext. 101 or email swilkins@nationalgrange.org

Lecturer Tom Gwin, lecturer@nationalgrange.org or (360) 581-0177

Junior Grange Programming Rebekah Hodgson, Director - junior@nationalgrange.org

Grange Youth & Young Adult Programming youth@nationalgrange.org | nationalgrangeyouth2@gmail.com

Grange Youth Fair Program grangeyouthfairs@grange.org

National Grange Community Service communityservice@grange.org

Distinguished Grange Connie Johnston, Administrator distinguished@grange.org

Grange Foundation John Benedik, Chairperson. ngfb@grange.org

